

TALLAHASSEE JRS



VOLLEYBALL

2011 Parent/Player Handbook



www.tallyvball.com

Table of Contents

| | |
|---|--------------------|
| About Us..... | 3 |
| Leadership | 4 |
| Board of Directors..... | 4 |
| Club Goals | 5 |
| Code of Conduct | 6 |
| Parent Code of Conduct..... | 6 & 7 |
| Player Code of Conduct | 8 |
| Coach Code of Conduct..... | 9 & 10 |
| Conflict Resolution Policy | 11 & 12 |
| Cost & Payment Options | 13 & 14 |
| Refund Policy | 15 |
| Practice Rules | 16 |
| Scholarships/Hardship | 17 |
| Contact Information..... | 18 |
| Receipt Confirmation | 19 |





About Tallahassee Jrs Volleyball Club

Mission Statement

To promote and support the growth of volleyball in the Tallahassee area, through clinics, camps, tournaments, and travel teams. TJVBC will offer training and educational opportunities designed to develop both the physical and mental skills necessary to master the sport of volleyball. The programs sponsored and supported by TJVBC will be supervised and organized by experienced coaches dedicated to providing an honest, fair, and competitive experience.

History

Tallahassee Select Volleyball Club was created by several local high school coaches in 2004/2005 and run by those coaches for a few years prior to merging with the long-standing club in town, Tallahassee Volleyball Association. This merger allowed for more high school level coaches, parents and business owners to come together to offer an affordable option for all young girls wanting to gain more experience in the indoor volleyball arena. Parents and coaches have and continue to be instrumental in ensuring that this area of the state has a club that is representative of our community and provides high quality instruction to our youth.

Club Leadership

The TJVBC is run by Latoya Washington and Jose Morales. Latoya and Jose have worked together for quite some time to help promote the sport of volleyball in the Tallahassee area.

Latoya Washington, Director

Latoya is a graduate of Florida State University where she played collegiate volleyball and helped to win the University its very first ACC Championship. Latoya has been coaching volleyball for over 14 years. She has worked with several clubs in Tallahassee as well as in the Metro Detroit area. Latoya was selected to run TJVBC in 2008. Under her leadership, the club continues to grow and provide exceptional training opportunities to athletes in the community.

Latoya is married to Anthony Washington and they have 3 daughters, Daijah, Makayla and Alexa.

Jose Morales, Director

Jose has 25+ years of coaching experience which began in Puerto Rico by coaching the youth divisions and includes coaching several Puerto Rican National teams. He has coached in Wakulla and Leon counties for 15+ years and was instrumental in the merger of TVA and Tallahassee Select which became Tallahassee Jrs and was the merged club's first Director. Jose is currently a Spanish teacher at Lincoln HS, where he was the head coach for many years. He has recently retired from coaching high school and is focused on teaching full time.

Board of Directors

Anthony Washington, II, President

Jose Morales, Vice President

Lee Gerzina, Treasurer

Kaitlin DiLuzio, Secretary, Chiles High School Head Volleyball Coach

Kathleen O'Halloran, At Large, Deerlake Middle School Head Volleyball Coach

Faydre Hawkins-Brown, At Large

Joy Becker, At Large

Ray Johnson, At Large

Club Goals

- ❖ Provide opportunities to compete in AAU and USA Volleyball tournaments.
- ❖ Provide training and education of coaches that wish to improve their knowledge of the game.
- ❖ Offer assistance to athletes that wish to pursue college scholarships in the form of skill tapes, promotional letters and participation in national qualifier tournaments.
- ❖ Offer clinics for all age groups that focus on skill development and team concepts.
- ❖ Offer support to local middle school volleyball programs through free clinics and instructional programs for coaches.



Parent Code of Conduct

I agree that:

I will not force my child to participate in sports.

I will remember that children participate to have fun and that the game is for youth, not adults.

I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.

I will learn the rules of the game and policies of Tallahassee Jrs Volleyball Club.

I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials, and spectators at every game, practice or tournament.

I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official (esp. player official), coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.

I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.

I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.

I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.

I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or her performance.

I will praise my child for competing fairly and trying hard, and make my child feel like a winner.

I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.

I will emphasize skill development and practices and how they benefit my child over winning.

I will promote the emotional and physical wellbeing of the athletes ahead of any personal desire I may have for my child to win.

I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the tournament and will take the time if needed, to speak with the coach at an agreed upon time and place.

I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all tournaments and practices.

I will refrain from coaching my child or other players during games and practices unless I am the official coach.

I understand that volleyball is a team sport and that the position my child plays is up to the coach's discretion for the betterment of the team.

I understand that playing time will be afforded to all players, **but not necessarily in equal proportions**. Substituting in or out of a game reflects players' strengths and/or weaknesses or in some cases strategy adjustments by a coach. **Playing time is the sole decision of the coach and may be influenced by attendance, tardiness, discipline, and by ability under or in pressure situations**. These decisions will only be discussed with the athlete herself.

The TJVBC club rule, is no athlete will sit an entire match during Saturday pool play. Coaches will work to make sure each player plays in the match (unless previously discussed). How much a player is on the court will be determined by criteria listed above. On Championship Sunday, the coach will decide all playing time as is best for the entire team.

If you have an issue regarding playing time, you agree to have this discussion away from the tournament and back in Tallahassee. This will allow a cooling down period for both coaches and parents/players.

If I feel that my daughter's safety is in question, I will contact the club director with my concerns.

Tallahassee Jrs Volleyball Club endorses the FL USAV Spectator/Parent Code of Conduct (copy of which can be found by clicking on the link below)

<http://www.floridavolleyball.org/FORMS/Spectator-Parent%20Code%20of%20Conduct-8.5x11.pdf>

A copy of this notice is also posted at The Power Mill, home of the Tallahassee Jrs Volleyball Club.





Player Code of Conduct

- ❖ Play the game for the game's sake
- ❖ Be generous when you win.
- ❖ Be gracious when you lose.
- ❖ Be fair always, no matter what the cost.
- ❖ Obey the rules of the game.
- ❖ Work for the good of your team.
- ❖ Accept the decisions of the officials with grace.
- ❖ Believe in the honesty of your opponents.
- ❖ Conduct yourself with honor and dignity.
- ❖ Honestly and wholeheartedly applaud the efforts of your teammates and opponents.

COACHES CODE OF ETHICS AND CONDUCT

PRINCIPLE - PROLOGUE/CREED

As a coach of the Tallahassee Jrs Volleyball Club (TJVBC), I am committed to sound educational processes, establishing traditions and promoting values for my volleyball community. I am dedicated to advancing the welfare of those who seek my assistance and to the maintenance of high standards of professional conduct and competence. I am accountable for all of my actions and to this Code of Ethics and my acceptance of this fiduciary responsibility is expressed in all of my personal and professional relationships in that coaching may involve my direction of youth teams. I will follow these principles in all environments and abide by them completely when coaching.

PRINCIPLE I - PROFESSIONAL PRACTICES

I pledge to maintain practices that protect the public and advance my profession; I will:

- Always strive to be truthful and put colleagues or other professionals in a positive light.
- Avoid discrimination in all of its forms.

PRINCIPLE II - COACH/ATHLETE RELATIONSHIPS

I pledge to maintain relationships with athletes on a professional basis; I will:

A. Conduct all my relationships from a perspective of dignity and sound educational and scientific foundation to:

- Direct comments or criticism relative to the performance, not the athlete.
- Ensure that all activities are suitable for the age, experience and ability of the athletes.
- Educate athletes as to their responsibilities in contributing to a safe environment, and to do my best to ensure that all facilities and equipment meet safety standards and they are agreeability appropriate.
- Consider the athlete's future health and well being as foremost when making decisions regarding an injured athlete's ability to continue competing or training, and seek professional medical opinions to serve as a basis for my decisions.
- Strive to develop individual and team respect for the ability of opponents.
- Prioritize being present at all practices and competitions and, when unable to, assure knowledgeable and safe supervision.
- Work with and strive to develop every member of the team.
- Show sensitive regard for the moral, social, religious and sexual orientations of others and communities. I will not impose my beliefs on others.
- Recognize the trust placed in, and the unique power of, the coach and athlete relationship. I will not exploit the dependency of athletes and will avoid dual relationships (e.g., business or close personal relationships) which could impair my professional judgment, compromise the integrity of the process and/or take advantage of the relationship for my own gain.

- While serving in a professional capacity or as a role model, avoid any drug, tobacco or alcohol use while in the presence of athletes. I will discourage by way of education any consumption of these substances by minors and will remain at all times within the limits of the law with regard to legal substances. I will avoid illegal ones entirely.
- Not engage in physical, verbal or emotional harassment, abusive words or actions, or exploitative coercion of current or former athletes. I will report any suspected cases of abuse to the appropriate authorities immediately.
- Recognize that all forms of sexual abuse, assault or harassment with athletes are illegal and unethical, even when an athlete invites or consents to such behavior or involvement. Sexual abuse and harassment is defined as, but not limited to, repeated comments, gestures or physical contacts of a sexual nature. I will report all suspected cases of sexual assault or abuse to law enforcement as required by law.

PRINCIPLE III - CONFIDENTIALITY

I will respect the integrity and protect the welfare of all persons with whom I am working and pledge to safeguard information about them that has been learned or obtained during the coaching relationship, including performance reviews, statistics and all personal confidences. Further, I will obtain permission from athletes before sharing videotape recordings or other data of them with anyone excepting the recognized coaching staff; when current or former athletes are referred to in a publication, while teaching or in a public presentation that is not laudatory, their identity will be thoroughly disguised. The only exception to this will be that I will not use these standards of confidentiality to avoid intervention when it is necessary (e.g., when there is evidence of physical or psychological abuse of minors, or legal issues).

PRINCIPLE IV - STAFF/EMPLOYEE RELATIONSHIPS

All relationships with employees and staff will be maintained on a professional and confidential basis and I will avoid exploiting their trust and dependency.



Conflict Resolution Policy

Any time you put a group of highly competitive people together for any significant period of time, there are bound to be conflicts. Put those same people into an actual competition of some sort and the likelihood only increases.

Because of this, the following 'conflict resolution' steps have been set forth. ALL players are required to read, agree to, and sign a letter of acknowledgement of these procedures prior to playing with any team within the Tallahassee Jrs Volleyball Club.

1. Should any player receive a yellow card during a tournament, he/she must complete the following within 72 hours of receiving the sanction.
 - ❖ Mail or email a written apology to the referee that issued the sanction (copy also sent to Latoya Washington and Jose Morales, TJVBC Directors).
2. Should any player receive a red card during a tournament, he/she must complete the following within 72 hours of receiving the sanction.
 - ❖ Mail or email a written apology to the referee that issued the sanction (copy also sent to Latoya Washington and Jose Morales, TJVBC Directors).
 - ❖ Mail or email a written apology to the Florida Regional USAV office (copy also sent to Latoya Washington and Jose Morales, TJVBC Directors).
3. Should any player be requested to leave a practice or a tournament by his/her coach, that player shall immediately comply and the following steps taken:
 - ❖ The head coach must notify one of the TJVBC directors of the incident and details within 24 hours of occurrence.
 - ❖ The player, coach and assistant coach must schedule and hold a meeting outside of practice or tournament time to meet and attempt to resolve the conflict. If either party is not satisfied at this point then,
 - ❖ The player, the coaches, and one of the TJVBC directors must schedule and hold a meeting outside of practice or tournament time to meet and resolve the conflict.





4. Should a player have a conflict with another player within his/her own team, the following steps should be taken, in order:
- ❖ The first player should meet with the other player outside of 'TJVBC time' to try to resolve the issue. If the player is not satisfied,
 - ❖ The player should meet with the coaches outside of 'TJVBC time' to try to resolve the issue. If the player still is not satisfied,
 - ❖ The player should schedule and meet with the player AND the coach outside of 'TJVBC time' to resolve the issue. If the player has not at this point, resolved the issue, then as a FINAL measure,
 - ❖ The player should schedule and hold a meeting including both players, the coach and a TJVBC director to resolve the issue.



Club Cost & Payment Information

Payment Schedule:

Tournament, travel and uniform costs are incurred early in the season and require the following payment schedule:

- ◇ 50% payment due on signing night*
- ◇ 25% payment due Jan 5, 2011
- ◇ 25% payment due Feb 5, 2011

Team Levels

1. National
 2. State
 3. Regional
 4. Local
-
- 1) National: This is our top team in each age division
 - a. Practices 2-3 times per week
 - b. play time is not guaranteed. (please see playing time in parent handbook)
 - c. 3 Qualifiers + in state tournaments and 1 possible out of state tournament
 - 2) State: This is our 2nd team in each age division
 - a. Practices 2 times per week
 - b. play time is not guaranteed. (please see playing time in parent handbook)
 - c. 2 Qualifiers + in state tournaments
 - 3) Regional: This is our 3rd team in each age division
 - a. Practices 2 times per week
 - b. play time is not guaranteed. (please see playing time in parent handbook)
 - c. one day tournaments and one-two day tournament
 - 4) Local: General
 - a. practices 2 times per week for 10 weeks
 - b. more equal play time
 - c. no out of town tournaments

Credit card authorization is required to eliminate additional

increased costs directly related to collection issues.

Bills will be sent to the billing email address designated on file 5 days prior to the due date as a reminder. A follow-up bill will be sent on the 10th of the month if payment has not been received and will include a \$25 late fee. If the payment remains unpaid by the 20th of the month, the credit card on file will be charged for the sum of the payment due, the late fee and any processing charges incurred by use of the credit card.

Should the charge not go through, you will be notified by email and/or telephone that your account is in default and your child (ren) will not be allowed to participate in practices or tournaments until such time as your account is brought current.

Please note: Amateur athletes are by definition are, an athlete who has never accepted money, or who accepts money under restrictions specified by a regulatory body, for participating in a competition. Failure to pay any or all club fees can be viewed as that player receiving payment to play. This definition may then result in your child losing her amateur status for the next high school season and thus not be allowed to play.

For alternative payment arrangements, please email Lee Gerzina at tjrsvbc@gmail.com. We are happy to accommodate your payment suggestions IF POSSIBLE.

****The 50% payment due on signing night will be reduced by whatever amount has been banked in the parents/players name prior to the payment due date. Signing night normally occurs within the first few days of December.**



Refund Policy

The Tallahassee Jrs Volleyball Club refund policy is as follows:

Refund request should be submitted to the Club Director and the Club Treasurer in writing. Parents should include reason and any medical forms to support medical withdrawals. Only medical withdrawals will receive a full refund minus a \$400 deposit.

Refunds will be issued only under the following circumstances:

A player has been severely injured and has a doctor's note indicating the athlete cannot participate in sport activities.

Injuries that occur mid season will be pro-rated based on when the injury occurs.

Refunds will NOT be issued in cases where a player accepts their position on a team knowing that recovery/surgery/treatment will be required which will prevent the player's ability to participate in scheduled events during the established season (typically December 15 through May 30). Events are defined as practices and tournaments.

All other requests will go before the Tallahassee Jrs Volleyball Club Board of Directors. These requests may or may not be approved to receive a refund.

You can mail your requests to:

TJVBC
2192 Gates Drive
Tallahassee, FL 32312

Or email request to:

Latoya Washington at coachlatoya@tallyvball.com or Lee Gerzina at tjrsvbc@gmail.com



PRACTICE RULES

- We expect all athletes to attend every practice. Only an illness serious enough to keep the athlete home from school or a genuine family emergency is a legitimate excuse for missing practice. If an athlete misses an excessive number of practices, a meeting will be arranged with the athlete, her parent(s)/guardian, the coach, and the Director or the Head Coach to discuss consequences.
- **IF AN ATHLETE CANNOT BE AT PRACTICE, THE ATHLETE MUST CALL THE COACH AS SOON AS THEY BECOME AWARE THEY CANNOT ATTEND THE PRACTICE.** It is the athlete's responsibility (not the parent's) to reach the coach before the practice starts. Players who do not communicate with their coach about a missed practice, or who miss a practice for an unacceptable reason, will sit out a minimum of one match of the next competition event they attend. **PLEASE NOTE:** The athlete must contact the coach directly at the number or email that has been provided to them for such purposes-
- Injured or ill athletes who can attend school are expected to attend practice to support their team and be available to help where they can, even if they cannot physically participate in practice.
- Scheduled practice time is start time. Please arrive early enough to be dressed and completely ready for practice by start time. This usually requires arriving no less than 10 minutes before start time.
- If an athlete is late arriving for practice, she must change into her practice gear, report to her coach and explain why she is late. The coach, in his/ her sole discretion, will determine if any corrective action needs to be taken.
- **NO FOOD and NO CHEWING GUM ARE ALLOWED IN ANY PRACTICE FACILITY.**
- Athletes are encouraged to bring water, in an unbreakable container (plastic or metal with a closable top) to practices and tournaments.
- Absolutely no glass containers are allowed in the gym.
- Volleyball shoes are to be carried into the practice and worn only for practice. This is to assure that the courts remain clean. It also helps the shoes to have better traction and retain that traction longer.
- Parents are **NOT ALLOWED** on the court at any facility in which TJVBC practice or tournament play is taking place **UNLESS** that parent is a valid USAV FL Member with corresponding completed background check.



Scholarship/Hardship

Scholarship/hardship funds are available through the Tallahassee Jrs Scholarship Fund. Anyone seeking aid should fill out the scholarship request form under the Forms heading on the website, tallyvball.com. Completed forms and required additional documents must be submitted by email or fax **NO LATER THAN THE NOTED DEADLINE** to coachlatoya@tallyvball.com. The scholarship committee will review your request and advise you in writing the amount which is available to you. Scholarships granted will be divided among all 3 scheduled payments, with no greater portion being applied to any one payment over another. Scholarship grants in **NO WAY** forgive or excuse the remaining balance payments.

Acceptance of a scholarship will require hours of community service to be completed at The Power Mill or other such designated property. Such hours may be comprised of assisting with camps, clinics, setup, clean up or other such functions as are required to keep Tallahassee Jrs running in as efficient and cost-effective manner as possible.

Failure to pay any remaining balance due after a scholarship is awarded may result in the revocation of any awarded scholarship.



Club Contact Information

Director: Latoya Washington
Email: coachlatoya@tallyvball.com
Phone: 850-228-8254

Director: Jose Morales
Email: jmorales@leonschools.net

Treasurer: Lee Gerzina
Email: tjrsvbc@gmail.com
Phone: 850-345-9876

Travel Coordinator: Nancy Hedman
Email: nancyhedman@comcast.net
Phone: 850-567-5677

Webmaster: Alina Ramos
Email: alina.ramos@ymail.com

Player Marketing:

Kaitlin DiLuzio, kdiluzio@leonschools.net

Angie Strickland, coachangie@tallyvball.com

Mailing Address: **Tallahassee Jrs Volleyball Club**
 2192 Gates Drive
 Tallahassee, FL 32312
 Fax: 580-8507



The following will be due on Signing Night with first payment due

Participant Agreement & Consent

I, _____ have read, understand, and agree to the policies, procedures and obligations set forth in the Tallahassee Jrs. Volleyball Club ***Player's/Parents Handbook***. As evidence by my signature, I certify that I have read and understand all of the foregoing and consent to abide by the rules as set forth herein.

Parent's Signature

Date

Player Signature

Date

In addition, I certify that as Parent or/Guardian of this participant, have explained to my daughter the aforementioned stipulated conditions and their ramifications, and I consent to her participation in the programs conducted under Tallahassee Jrs Volleyball Club in which she is a member. I agree to pay the fees set forth by the Tallahassee Jrs Volleyball Club, allowing my child to participate in the program. I understand that there are no refunds.

Parent/ Guardian/ Fee Responsible Party Signature

Relationship

Date