

# Medical Release and Waiver (Mini-Volleyball)

Bring to first session or mail completed release to:

TJVBC Mini Volleyball | 2192 Gates Drive | Tallahassee, FL 32312

Name of Participant \_\_\_\_\_ Date \_\_\_\_\_

### Health History:

Allergies Yes \_\_\_\_\_ No \_\_\_\_\_

Asthma Yes \_\_\_\_\_ No \_\_\_\_\_

Diabetes Yes \_\_\_\_\_ No \_\_\_\_\_

Have you had high blood pressure? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have any heart problems Yes \_\_\_\_\_ No \_\_\_\_\_

Describe \_\_\_\_\_

Recent surgery? Yes \_\_\_\_\_ No \_\_\_\_\_

Describe \_\_\_\_\_

Do you wear glasses or contacts Yes \_\_\_\_\_ No \_\_\_\_\_

Are you taking any medications? Yes \_\_\_\_\_ No \_\_\_\_\_

List medications: \_\_\_\_\_

Health Insurance Co. \_\_\_\_\_ Policy # \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Work Phone \_\_\_\_\_ Cell \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Best Daytime Phone # \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

### Medical Release:

In the event of an emergency requiring medical attention, I hereby grant permission to any physician, hospital personnel, athletic trainer, and staff designated by TJVBC Mini-Volleyball to attend to my child.

Parent/Guardian signature \_\_\_\_\_

State of \_\_\_\_\_ County of \_\_\_\_\_

Sworn to me, a Notary Public, by said \_\_\_\_\_ personally to me this \_\_\_\_\_

day of \_\_\_\_\_, 2\_\_\_\_.

My commission expires \_\_\_\_\_

# Mini-Volleyball



## TALLAHASSEE JRS



## VOLLEYBALL

2735 Powermill Court • Tallyvball.com

# Mini-Volleyball

Mini-Volleyball is a program being offered all across the United States. The program is designed for children ages 5-13 who are interested in improving their athletic ability as well as learning basic skills and concepts in volleyball.

The program will focus on basic locomotor movement skills, basic motor control and beginning volleyball skills. The program is meant to be fun, challenging and educational.

**Register today at [www.tallyvball.com](http://www.tallyvball.com)**

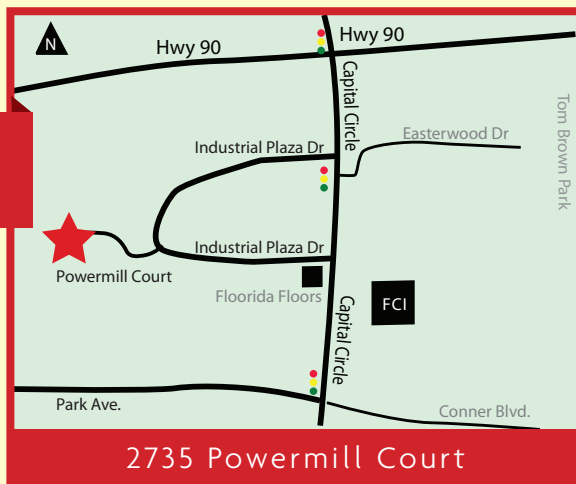
**Program runs Tuesday's and Thursday's**

**May 1 – 24 from 6:00-7:30 p.m. | \$75**

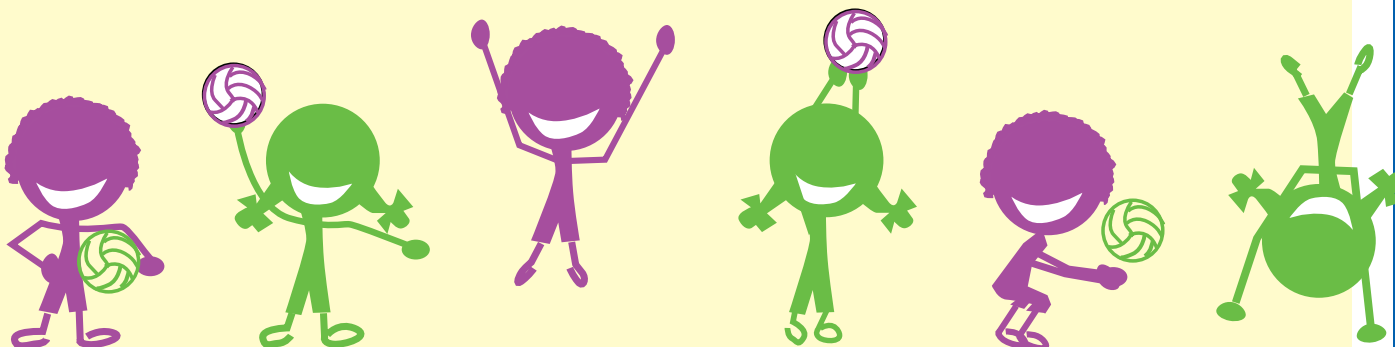
All sessions will be conducted at the Powermill Facility, located just off Capital Circle.

#### Directions:

Located off Industrial Plaza Drive on the west side of Capital Circle SE between Highway 90 and Park Avenue.



2735 Powermill Court



**QUESTIONS?** Angie Strickland: [leonvolleyball@gmail.com](mailto:leonvolleyball@gmail.com) or [coachlatoya@tallyvball.com](mailto:coachlatoya@tallyvball.com)

## Instructors

**Angie Strickland** will be the lead instructor in the Mini-Volleyball program. Angie, who has a Physical Education Degree from Florida State University, has been trained to teach children how to move! Add her many years of coaching experience and we think that we have a great product to share with Tallahassee children and parents. Angie will be assisted by a host of other reputable coaches.

